



Organic Farmers Go Beyond Non-GMO

Genetically modified organism (GMO) seed or feed is not allowed on certified organic farms, but organic farming is so much more than being non-GMO. Organic farmers partner with nature to heal, protect, and renew our ecosystems.

Unlike non-GMO farmers, organic farmers:

- ARE NOT on the chemical treadmill. Only organic bans synthetic herbicide and pesticide use.
- DO NOT use growth promoting antibiotics or drugs, or artificial hormones. Organic animals are not fattened up with antibiotics or steroids.
- DO NOT use sewage sludge on crops. Applying “biosolids”—residential, hospital, and industrial waste that’s been flushed down the toilet, then treated—is prohibited.

Instead, organic farmers:

- Invest in the soil. Organic farmers use cover crops and other methods to nurture the soil biodiversity that feeds the plant that feeds us.
- Focus on preventative animal health. Organic animals receive all organic feed and ruminants are grazed on grass, as nature intended.
- Operate under rigorous standards. Organic farmers must meet demanding national standards and undergo an independent annual third party inspection of their farm and records.

The choice is clear. For non-GMO and more, choose organic.